

INKY Via de Cristo Prayer Vigil

Thank you for being part of this INKY Prayer vigil. Over the next hour you will have an intimate time in conversation with our God. He has created you for a relationship with Him, so having time in prayer with Him is what He desires. He longs to talk with you - so let's talk with Him!

Martin Luther once said, "Prayer is the most important thing in my life. If I should neglect prayer for a single day, I should lose a great deal of the fire of faith." Also, Oswald Chambers said this about prayer, "Prayer does not fit us for the greater work; prayer is the greater work."

Scripture also teaches us much about prayer. In Jeremiah 33:3 we read, "Call to me and I will answer you, and will tell you great and hidden things that you have not known." The Apostle James tell us, "You do not have, because you do not ask" (James 4:2b). Jesus said, " If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you" (John 15:7). He also said, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you" (Matthew 7:7).

Because praying for an hour may seem like a monumental task, this prayer vigil is a suggestion for making this time of prayer more meaningful for you and for those on the weekend. This suggestion is based on guidelines from a Colorado Via de Cristo prayer vigil and updated in honor of the Prayer Warriors from the INKY community.

Weekend information (weekend verse, team and pilgrim rosters) can be found by clicking on the weekend link on the web site, which is INKYVDC.org.

It was said that prayer is practicing the presence of God, not mastering the mechanics of how to come to God. There are no hidden secrets on how to pray. The disciples asked the following question to Jesus, "teach us to pray," not how to pray.

Words to Ponder:

Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." (Luke 11:1).

Prayer is a matter of the heart. What is your attitude? Are you open to God's communication by His Spirit and through His Word? Ask God to give you a heart that is open and willing to obey.

Words to Ponder:

And the LORD came and stood, calling as at other times, " _____! _____!" And _____ said, "Speak, for your servant hears. (1 Samuel 3:10)

Your heart reveals your true self and that is where God looks.

Words to Ponder:

For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart. (1 Samuel 16:7b)

When you pray make sure you do so for the right results - to honor and glorify God and that His will be done.

Words to Ponder:

Jesus said to His Father, "not as I will, but as you will. (Matthew 26:39b)

One of the simplest prayer formats is using the acronym A.C.T.S. A.C.T.S. stands for the Acts of the Apostles, with each letter representing a different aspect of prayer.

A = Adoration (or worshiping God)

C = Confession of sins to God

T = Thanksgiving

S = Supplication, asking for things in prayer

IMPORTANT POINTS:

- † Select a time that you can truly devote to the Lord.
- † Each hour of a Weekend is segmented so that a person can sign up to a dedicate time in prayer to cover the entire 72 hours.
- † Choose a place where you can be quiet. Kneel, sit or stand before the Lord.

Words to Ponder:

But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you. (Matthew 6:6)

- † Materials you may want to have on hand include the Pilgrim list, Team list, your Bible, pilgrim's guide, song book, and a notebook or prayer journal if you have one.
- † You might want to light a candle.
- † Playing Christian music in the background will also enhance your prayer experience.

Lastly, before you start this prayer vigil listen to these words and promises from God:

Words to Ponder:

Then you shall call, and the LORD will answer; you shall cry, and he will say, 'Here I am.' (Isaiah 58:9).

Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it. (John 14:13-14)

Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. (Mark 11:23-24)

If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. (John 15:7)

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. ¹⁵ And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. (1 John 5:14-15)

Draw near to God, and he will draw near to you. (James 4:8)

And my God will supply every need of yours according to his riches in glory in Christ Jesus. (Philippians 4:19)

May the Lord be with you as you pray for the Weekend.



Let's begin the Prayer Vigil with "Now Speak to the Lord" taken from the top of page 23 of the Pilgrims Guide:

Lord, I, a sinner, long to live in your grace. I put my trust in you, Lord. Have mercy on me. Accept me into the company of your disciples. Forgive my sins through Christ Jesus and renew a right spirit within me. Amen.

A.C.T.S.

† **ADORATION:** Praise God for His love, His power, His majesty.

READ AND MEDITATE ON:

Psalm 117:1-2

¹ Praise the LORD, all nations!
Extol him, all peoples!
² For great is his steadfast love toward us,
and the faithfulness of the LORD endures forever.
Praise the LORD!

Psalm 148:13

Let them praise the name of the Lord, for his name alone is exalted; his **majesty** is above earth and heaven.

† **CONFESSION:** Confess your sins before the Lord before you pray for others.

Words to Ponder:

The Apostle Peter gave great advice when we quoted from Psalm 34:
For the eyes of the Lord are on the righteous,
and his ears are open to their prayer.
But the face of the Lord is against those who do evil. (1 Peter 3:12)

For centuries Christians have said this prayer of confession, "**Lord Jesus, Son of God, Have mercy on me, a sinner.**" If we want God to hear and answer our prayers we need to confess and let go of our own sins before we ask for intercession for others.

Taken from the Pilgrims Guide on the bottom of page 18, please say the Confession:

In the mercy of almighty God, Jesus Christ was given to die for you, and for His sake God forgives you all your sins. To those who believe in Jesus Christ He gives the power to become children of God and bestows on them the Holy Spirit.

† **THANKSGIVING:** Give thanks to God.

READ AND MEDITATE ON:

1 Thessalonians 5:18

Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

Psalm 104:1-2

1 Bless the LORD, O my soul!
 O LORD my God, you are very great!
 You are clothed with splendor and majesty,
 2 covering yourself with light as with a garment,
 stretching out the heavens like a tent.

Psalm 103:1-5

1 Bless the LORD, O my soul,
 and all that is within me,
 bless his holy name!
 2 Bless the LORD, O my soul,
 and forget not all his benefits,
 3 who forgives all your iniquity,
 who heals all your diseases,
 4 who redeems your life from the pit,
 who crowns you with steadfast love and mercy,
 5 who satisfies you with good
 so that your youth is renewed like the eagle's.

† **SUPPLICATION:** Bring your petitions before the Lord

READ AND MEDITATE ON:

Psalm 106:4-5

⁴ Remember me, O LORD, when you show favor to your people;
 help me when you save them,
⁵ that I may look upon the prosperity of your chosen ones,
 that I may rejoice in the gladness of your nation,
 that I may glory with your inheritance.

1 Timothy 2:1

1First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people.

Pray:

- † For the Lord's presence to and ask the Holy Spirit to quiet your heart, mind, body, and spirit.
- † For the Lord to take the cares and stress of the day from you.

READ AND MEDITATE ON:

Taken from page 11 in the Pilgrims Guide, please pray:

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit, and they shall be created; and you shall renew the face of the earth.

Leader: Let us pray

O God, who by the light of the Holy Spirit, instructs the hearts of the faithful, grant that by same Holy Spirit we may be truly wise and ever rejoice in His consolations. Through Christ our Lord. Amen.

I believe Lord, that You are here present. Although my eyes do not see You, my faith senses You. Take any stray thoughts from my mind. Make me understand the truths which You wish to teach me in this meditation. Let me make up my mind to put them into practice. Your servant is listening, speak Lord to my soul.

Psalm 46

¹God is our refuge and strength, A very present help in trouble.

²Therefore we will not fear, though the earth should change
And though the mountains slip into the heart of the sea;

³Though its waters roar *and* foam,
Though the mountains quake at its swelling pride. Selah.

⁴There is a river whose streams make glad the city of God,
The holy dwelling places of the Most High.

⁵God is in the midst of her, she will not be moved;
God will help her when morning dawns.

⁶The nations made an uproar, the kingdoms tottered;
He raised His voice, the earth melted.

⁷The LORD of hosts is with us;
The God of Jacob is our stronghold. Selah.

⁸Come, behold the works of the LORD,
Who has wrought desolations in the earth.

⁹He makes wars to cease to the end of the earth;
He breaks the bow and cuts the spear in two;
He burns the chariots with fire.

¹⁰"Cease *striving* and know that I am God;
I will be exalted among the nations, I will be exalted in the earth."

¹¹The LORD of hosts is with us;
The God of Jacob is our stronghold. Selah.

Isaiah 43:1

¹ But now, thus says the LORD, your Creator, O Jacob,
And He who formed you, O Israel,
"Do not fear, for I have redeemed you;
I have called you by name; you are Mine!

READ AND MEDITATE ON THE WEEKEND VERSE SELECTED BY EACH RECTOR

Men's South Weekend #69 Verse

Galatians 3:28 (b)

Blest be the Tie that Binds
"You are all one in Christ Jesus."

Women's South Weekend #70 Verse

Romans 15:13

May The Lord of Hope fill you with joy and peace as you trust in Him!

Taken from the Pilgrims Guide on the bottom of page 27, please pray the "Prayer of the Day."

O God, from whom come all holy desires, all good counsels, and all just works; Gives to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness, through the merits of Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, God forever. Amen.

PRAY:

- † For the Via de Cristo Weekend.
- † For all those who have worked to make this weekend possible, including the Via de Cristo Secretariat, Camp hosts, sponsors, and the entire Via De Cristo community.

READ AND MEDITATE ON:

1 Corinthians 4:1

Let a man regard us in this manner, as servants of Christ and stewards of the mysteries of God.

1 Kings 8:23

And said, "O Lord, God of Israel, there is no God like you, in heaven above or on earth beneath, keeping covenant and showing steadfast love to your servants who walk before you with all their heart;

2 Chronicles 9:7b

Happy are these your servants, who continually stand before you and hear your wisdom!

Nehemiah 1:10

They are your servants and your people, whom you have redeemed by your great power and by your strong hand.

Psalms 23

The LORD is my shepherd; I shall not want.

² He makes me lie down in green pastures.

He leads me beside still waters.

³ He restores my soul.

He leads me in paths of righteousness
for his name's sake.

⁴ Even though I walk through the valley of the shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.

⁵ You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

⁶ Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
forever.

PRAY:

- † For each Pilgrim by name
- † That the Lord would bless him/her.
- † That the Lord would speak to him/her in a special individual way.
- † That the Lord would take away any cares or interference which would block his/her from hearing the messages.
- † For physical strength during the weekend.
- † For any health needs which exist.
- † For his/her family, that they would deal with his/her absence.
- † That all his/her needs would be met.

READ AND MEDITATE ON:

James 2:16

¹⁶ and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what good is that?

Philippians 4:19

¹⁹ And my God will supply all your needs according to His riches in glory in Christ Jesus.

Matthew 6:8

⁸ So do not be like them; for your Father knows what you need before you ask Him.

Romans 15:30

³⁰ I appeal to you, brothers, by our Lord Jesus Christ and by the love of the Spirit, to strive together with me in your prayers to God on my behalf,

Colossians 4:2

² Continue steadfastly in prayer, being watchful in it with thanksgiving.

Matthew 20:33

They said to him, "Lord, let our eyes be opened."

Revelation 3:20

Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.

PRAY:

- † For each Kitchen Cha, Table Cha, Special Cha and Palanca Cha by name.
- † That he/she would have a servant's heart and spirit.
- † For physical strength and that he/she would sleep well and wake up refreshed each morning.
- † That the Lord's blessing be on him/her, so they can be a blessing to others.

READ AND MEDITATE ON:**3 John 1:8**

We ought therefore to show hospitality to such people so that we may work together for the truth.

Romans 12:13

Share with the Lord's people who are in need. Practice hospitality.

Philippians 4:13

¹³ I can do all things through Him who strengthens me.

Lamentations 3:22-23

²² The LORD'S loving kindnesses indeed never cease,
For His compassions never fail.

²³ *They* are new every morning;
Great is Your faithfulness.

PRAY:

- † For each Rollista (Professor) and Silent Professor by name.
- † That he/she would show God's love to the Pilgrims.
- † That he/she would be sensitive to the feelings and needs of his/her tablemates.
- † That each Rollista would speak God's message clearly and confidently.
- † That the Lord's blessing be on him/her, so they can be a blessing to others.

READ AND MEDITATE ON:

Psalm 19:14

¹⁴ May these words of my mouth and this meditation of my heart
be pleasing in your sight,
LORD, my Rock and my Redeemer.

1 Peter 4:10-11

¹⁰ As each one has received a *special* gift, employ it in serving one another as good stewards of the manifold grace of God. ¹¹ Whoever speaks, *is to do so* as one who is speaking the utterances of God; whoever serves *is to do so* as one who is serving by the strength which God supplies; so that in all things God may be glorified through Jesus Christ, to whom belongs the glory and dominion forever and ever. Amen.

1 Corinthians 16:13-14

¹³ Be on the alert, stand firm in the faith, act like men, be strong. ¹⁴ Let all that you do be done in love.

Psalm 145:21

My mouth will speak in praise of the Lord. Let every creature praise his holy name forever and ever.

Proverbs 22:11

One who loves a pure heart and who speaks with grace will have the king for a friend.

John 3:34

For the one whom God has sent speaks the words of God, for God gives the Spirit without limit.

1 Corinthians 2:13

This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, explaining spiritual realities with Spirit-taught words.

1 Thessalonians 2:4

On the contrary, we speak as those approved by God to be entrusted with the gospel. We are not trying to please people but God, who tests our hearts.

PRAY:

- † For each Spiritual Director by name.
- † That he/she would leave the cares and concerns of his/her position or parish in the Lord's hands.
- † For those who are taking on his/her duties this weekend.
- † For strength as he/she ministers to the Pilgrims and Team members.
- † For the power of the Holy Spirit within him/her.
- † That the Lord's blessing be on him/her, so they can be a blessing to others.

READ AND MEDITATE ON:**Ephesians 4:10-12**

¹⁰ He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) ¹¹ So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up

Psalm 28:7

The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.

Jeremiah 17:7

But blessed is the one who trusts in the Lord, whose confidence is in him.

Jeremiah 3:15

Then I will give you shepherds after my own heart, who will lead you with knowledge and understanding.

1 Peter 5:2

Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve;

PRAY:

- † For the Rector, Head Cha, Rollo Room Cha, Chapel Chas and Music Cha by name.
- † That he/she would be directly guided by You and be blessed by You in accordance with the extra responsibility he/she has been given.
- † May he/she be sensitive to the needs of every person on the weekend and act accordingly.
- † For physical strength, wisdom, patience and discernment.
- † That the Lord's blessing be on him/her, so they can be a blessing to others.
- † For hope, joy and peace.

READ AND MEDITATE ON:**Romans 15:13**

¹³ Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit.

Matthew 25:40

⁴⁰ The King will answer and say to them, 'Truly I say to you, to the extent that you did it to one of these brothers of Mine, *even the least of them*, you did it to Me.'

Ephesians 6:10

¹⁰ Finally, be strong in the Lord and in the strength of His might.

Psalms 119:125

I am your servant; give me discernment that I may understand your statutes.

Proverbs 2:10

For wisdom will enter your heart, and knowledge will be pleasant to your soul.

Colossians 3:16

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.

Romans 12:12

¹² Be joyful in hope, patient in affliction, faithful in prayer.

Psalms 33:3

Sing to him a new song; play skillfully, and shout for joy.

PRAY:

- † For each Via de Cristo member who participates in Serenades, Closures and the prayer and sacrifice that motivates the weekend.
- † That all would travel in safety to and from the weekend.
- † For the sponsors of each Pilgrim

READ AND MEDITATE ON:

Hebrews 10:24-25

²⁴ and let us consider how to stimulate one another to love and good deeds, ²⁵ not forsaking our own assembling together, as is the habit of some, but encouraging *one another*, and all the more as you see the day drawing near.

1 John 1:7

⁷ but if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.

Philippians 1:3-6

³ I thank my God in all my remembrance of you, ⁴ always offering prayer with joy in my every prayer for you all, ⁵ in view of your participation in the gospel from the first day until now. ⁶ *For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.*

Proverbs 3:23

Then you will go on your way in safety, and your foot will not stumble.

PRAY:

- † For each member of the Via de Cristo community, that they would take seriously the commitments of the Fourth Day, participate in Reunion Groups and Ultreya's, and encourage each Pilgrim to do the same.

READ AND MEDITATE ON:

Acts 2:42-47

⁴² They were continually devoting themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. ⁴³ Everyone kept feeling a sense of awe; and many wonders and signs were taking place through the apostles. ⁴⁴ And all those who had believed were together and had all things in common; ⁴⁵ and they *began* selling their property and possessions and were sharing them with all, as anyone might have need. ⁴⁶ Day by day continuing with one mind in the temple, and breaking bread from house to house, they were taking their meals together with gladness and sincerity of heart, ⁴⁷ praising God and having favor with all the people. And the Lord was adding to their number day by day those who were being saved.

GOD'S PROMISES TO READ AND REJOICE:

Jeremiah 29:11

¹¹ For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

Psalms 1:3

³ That person is like a tree planted by streams of water,
 which yields its fruit in season
 and whose leaf does not wither—
 whatever they do prospers.

Psalms 119:76

Let your steadfast love comfort me according to your promise to your servant.

Genesis 12:2b

and I will bless you and make your name great, so that you will be a blessing.

The Lord's Prayer

**Our Father, which art in heaven,
Hallowed be thy Name.
Thy Kingdom come.
Thy will be done in earth,
As it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive them that trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
Forever and ever. Amen.**

Matthew 25:21

"His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!'

